

Eau Claire YMCA Aquatic Schedule

Sunday, September 12, 2010 - Saturday, September 18, 2010

	SUNDAY 9/12	MONDAY 9/13	TUESDAY 9/14	WEDNESDAY 9/15	THURSDAY 9/16	FRIDAY 9/17	SATURDAY 9/18
5:00 AM	CLOSED	Lap Swim (6) 5:00am - 8:00am <i>Master's Swim</i> 5:45am - 7am (3L) Small Pool Closed	Lap Swim (6) 5:00am - 8:00am <i>Master's Swim</i> 5:45am - 7am (3L) Small Pool Closed	Lap Swim (6) 5:00am - 8:00am Small Pool Closed	Lap Swim (6) 5:00am - 8:00am <i>Master's Swim</i> 5:45am - 7am (3L) Small Pool Closed	Lap Swim (6) 5:00am - 8:00am Small Pool Closed	CLOSED
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM	CLOSED	Hydro-Aerobics 8:00 - 9:00	Lap Swim 8-8:30am (2L) 40 & Over Rec. Swim	Hydro-Aerobics 8:00 - 9:00	Lap Swim 8-8:30am (2L) 40 & Over Rec. Swim	Hydro-Aerobics 8:00 - 9:00	Lap Swim 8-8:30am (2L) 40 & Over Rec. Swim
9:00 AM		Pool-ates 9:00-10:00	Joint Efforts 9:15-10	Pool-ates 9:00-10:00	Joint Efforts 9:15-10	Pool-ates 9:00-10:00	Joint Efforts 9:15-10
9:30 AM	Open Swim (4) Lap Swim (2) 11:00am - 3:45pm	M/W Morning Y Swim Lessons (6 & Small Pool) 10-11:15	Open Swim (4) Lap Swim (2) 10:00-11:15am	M/W Morning Y Swim Lessons (6 & Small Pool) 10-11:15	Open Swim (4) Lap Swim (2) 10:00-11:15am	Open Swim (4) Lap Swim (2) 10:00-11:15am	Lifeguard Training (2) 9:00am-1:00pm
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM	Open Swim (4) Lap Swim (2) 8:00am-7:45pm	Open Swim (4) Lap Swim (2) 1:00-4:15pm	Open Swim (4) Lap Swim (2) 1:00-4:15pm	Open Swim (4) Lap Swim (2) 1:00-4:15pm	Open Swim (4) Lap Swim (2) 1:00-5:45	Open Swim (4) Lap Swim (2) 1:00-5:45	
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM	Open Swim (6) 7:30-8:00	<i>Aqua Boxing</i> 7:15-8:00 (Shallow end)	<i>Gentle Waves</i> 7:15-8:00 (Shallow end)	<i>Aqua Challenge</i> 7:15-8:00 (Shallow end)	Open Swim (2) Lap Swim (2) 8:00- 9:00	Open Swim (2) Lap Swim (2) 8:00- 9:00	
8:00 PM	CLOSED	Open Swim (2) Lap Swim (2) 8:00- 9:00	Open Swim (2) Lap Swim (2) 8:00- 9:00	Open Swim (2) Lap Swim (2) 8:00- 9:00	Scuba Diving (2L) 7:30-9:30	Scuba Diving (2L) 7:30-9:30	
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM							
		Adult Lap Swim (6) 9:00pm- 9:45pm	Adult Lap Swim (6) 9:00pm- 9:45pm	Adult Lap Swim (6) 9:00pm- 9:45pm	Adult Lap Swim(4) 9:00pm- 9:45pm	Adult Lap Swim(4) 9:00pm- 9:45pm	
		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

Children 7 years of age and under must be accompanied by an adult on the pool deck. Children under the age of 6 must be accompanied by an adult in the water within arms reach.

Note: The Y Aquatic Staff reserve the right to utilize pool space at any given time for lifeguard training purposes.

The small multipurpose pool is only open during open swim times listed in the lap pool schedule.

