Eau Claire YMCA Aquatic Schedule

Monday, September 6, 2010 - Saturday, September 11, 2010

	MONDAY 9/6	TUESDAY 9/7	WEDNESDAY 9/8	THURSDAY 9/9	FRIDAY 9/10	SATURDAY 9/11	SUNDAY 9/12
5:00 AM	Labor Day Pool closed	**Lap Swim (6)** 5:00am - 8:00am *Master's Swim* *5:45am -7am (3L)* **Small Pool Closed**	**Lap Swim (6)** 5:00am - 8:00am **Small Pool Closed**	**Lap Swim (6)** 5:00am - 8:00am *Master's Swim* *5:45am -7am (3L)* **Small Pool Closed**	**Lap Swim (6)** 5:00am - 8:00am **Small Pool Closed**	**CLOSED**	**CLOSED**
5:30 AM							
6:00 AM						**Lap Swim (6)** 6:00 am - 7:45 am **Small Pool Closed**	
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM		Hydro-Aerobics 8:00 - 9:00; Lap Swim 8-8:30am (2L); 40 & Over Rec. Swim 8:30-9:30; Pool-ates 9:00-10:00; Joint Efforts 9:15-10	Hydro-Aerobics 8:00 - 9:00; Lap Swim 8-8:30am (2L); 40 & Over Rec. Swim 8:30-9:30; Pool-ates 9:00-10:00; Joint Efforts 9:15-10	Hydro-Aerobics 8:00 - 9:00; Lap Swim 8-8:30am (2L); 40 & Over Rec. Swim 8:30-9:30; Pool-ates 9:00-10:00; Joint Efforts 9:15-10	Hydro-Aerobics 8:00 - 9:00; Lap Swim 8-8:30am (2L); 40 & Over Rec. Swim 8:30-9:30; Pool-ates 9:00-10:00; Joint Efforts 9:15-10	**Marlins Practice** (6) **Small Pool Closed**	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		**Open Swim (4)** **Lap Swim (2)** 10:00-11:15am	**Open Swim (4)** **Lap Swim (2)** 10:00-11:15am	**Open Swim (4)** **Lap Swim (2)** 10:00-11:15am	**Open Swim (4)** **Lap Swim (2)** 10:00-11:15am	**Open Swim (4)** **Lap Swim (2)** 9:00am - 7:45pm	**See Aquatics Schedule Sept. 12-18**
10:30 AM							
11:00 AM							
11:30 AM		**Lap Swim (6)** 11:15am - 1:00pm **Small Pool Closed**	**Lap Swim (6)** 11:15am - 1:00pm **Small Pool Closed**	**Lap Swim (6)** 11:15am - 1:00pm **Small Pool Closed**	**Lap Swim (6)** 11:15am - 1:00pm **Small Pool Closed**		
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM		**Open Swim (4)** **Lap Swim (2)** 1:00-9:00pm	**Open Swim (4)** **Lap Swim (2)** 1:00pm- 9:00pm	**Open Swim (4)** **Lap Swim (2)** 1:00pm- 9:00pm	**Open Swim (4)** **Lap Swim (2)** 1:00pm- 9:45pm		
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM				**CPR/AED/Lifeguard Challenge (1-2)** 6:30-8:00	**Flick n' Float** (Small Pool) 6:30-8:30 **"The Princess & the Frog"**		
7:00 PM		*Gentle Wave* 7:15-8:00 (Shallow end)	*Aqua Challenge* 7:15-8:00 (Shallow end)				
7:30 PM							
8:00 PM						* Water Safety Training 9am-12pm (1)	**CLOSED**
8:30 PM							
9:00 PM		**Adult Lap Swim (6)** 9:00pm- 9:45pm	**Adult Lap Swim (6)** 9:00pm- 9:45pm	**Adult Lap Swim (6)** 9:00pm- 9:45pm			
9:30 PM							
10:00 PM	**CLOSED**	**CLOSED**	**CLOSED**	**CLOSED**	**CLOSED**	**CLOSED**	

Children 7 years of age and under must be accompanied by an adult on the pool deck. Children under the age of 6 must be accompanied by an adult in the water within arms reach.

Note: The Y Aquatic Staff reserve the right to utilize pool space at any given time for lifeguard training purposes.

The small multipurpose pool is only open during open swim times listed in the lap pool schedule.