

# YMCA Waiver/Release Form for Youth Tackle Football

I realize that football is a vigorous physical activity and that it involves contact such as hitting and tackling.

I understand that participation in tackle football involves certain inherent risks and that regardless of the precautions taken by the Eau Claire YMCA or the participants, some injuries may occur. These injuries might include but are not limited to:

1. Sprains
2. Strains
3. Broken Bones
4. Nerve Damage

These injuries may result from hazards such as:

1. Tackling
2. Poor Footing
3. Cleats
4. Other Players

The likelihood of such injuries may be lessened by adhering to the following safety rules:

1. Always wear a mouth guard
2. Proper fitting equipment (shoes, helmet, pads)
3. Following YMCA guidelines for fair play

In order to properly protect my own safety and that of my fellow participants, I agree to follow these rules as well as any others that may be given by my coach. Further, in recognition of the importance of shared responsibility for safety, I agree to immediately report any noted deviations from the safety rules, as well as any observed hazardous conditions or equipment to my coach.

As a parent and/or guardian, I do herewith authorize the treatment by a qualified and licensed medical doctor of the following minor in the event of a medical emergency which, in the opinion of the attending physician, may endanger his or her life, or cause disfigurement, physical impairment, or undue discomfort if delayed. The authority is granted only after a reasonable effort has been made to reach me.

I further certify that my present level of physical condition is consistent with the demands of active participation in tackle football. Following is a complete list of all of my known health conditions that might affect my ability to participate:

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I have carefully read the foregoing document. I have had the opportunity to ask questions and have them answered. I am confident that I fully know, understand, and appreciate the risks involved in active participation in tackle football.

Having been informed of the above program to provide games for girls and boys, I, the parent of the above-named registrant, do hereby give my approval of his/her participating in any and all of the activities during the current season. I assume all the risks and hazards incidental to the conduct of the activities, and I do further release, absolve, indemnify, and hold harmless the Eau Claire YMCA, the organizers, sponsors, supervisors, volunteers and officials, any or all of them. In case of injury to my son/daughter, I hereby waive all claims against the organizers, the sponsors, or any of the supervisors appointed by them. I am voluntarily requesting permission for my son/daughter to participate.

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Signature of parent or guardian

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Date

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Signature of child

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Date