

INDOOR CYCLING

	MON	TUES	WED	THURS	FRI	SAT	SUN
6:00 AM	DEBRA	LAURA	CARLA J	LAURA	CHRIS S		
8:00 AM						TODD	
9:00 AM	HOLLY	MARIANNE	CHRIS S	SARAH	KRIS		
5:30 PM	RON	MICHELLE	DEBRA	CARRIE			

STARTS SEPTEMBER 7TH

ALL CLASSES ARE 40 MINUTES IN LENGTH UNLESS NOTED